

Legal & General Healthy Workplaces



Legal & General is committed to providing healthy, safe and productive environments across our office portfolio.

It's important to ensure the indoor environmental quality (IEQ) is maintained as we spend a significant amount of time at work. Exposure to poor indoor air quality can cause an array of serious health issues, alongside also detrimentally impacting our productivity and performance at work.

Ranges recommended for optimal IEQ

IEQ Parameter	Considered Good/Excellent
Temperature	22-25°C
Relative Humidity	40-60%
CO ₂	<800 ppm (1000 ppm; acceptable)
Sound	<60 dB over 8 hr
TVOCs	<500 µg m ³ per 8 hr



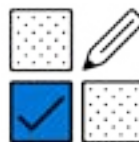
Maintaining humidity between 40 – 60% decreases the probability of virus transmission indoors and is also optimal for human comfort.

Our services

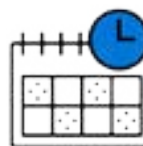
Through our partnership with Cundall we are able to offer tailored solutions to help you create dynamic and healthy workplaces. Some of these include:



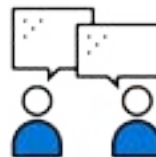
Sensors measuring live air quality, humidity, noise, light and temperature to tailor conditions for your workplace



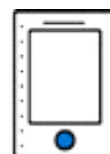
Regular reviews with your property management team and our expert partners Cundall on optimisation your space



Space planning and productivity modelling based on optimum conditions and your business requirements



Workshops covering topics including: healthy eating, mindfulness, personal fitness and ergonomics



Live screens showing performance of the space versus best practice

Contact us

For further information, please get in touch with the building performance team: buildingperformanceteam@lgim.com

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